

Daily Timetable (Nursery 1)

Time	Routine
7.30am-8.30am	Arrival and Breakfast (Note: Breakfast starts at 8.00am)
8.30am-8.50am	Free Play
8.50am-9.00am	Assembly
9.00am-9.45am	Outdoor Play (if weather permits)
9.45am-10.30am	Group Activities (English)
10.30am-11.00am	Group Activities (Chinese)
11.00am-12.00pm	Lunch Time + Shower Time
12.00pm-01.00pm	Learning Centers (vary from week to week)
1.00pm-3.00pm	Nap Time
3.00pm-3.30pm	Wake Up + Diaper Change
3.30pm-4.00pm	Snack Time
4.00pm-5.00pm	Project Time
5.00pm-6.30pm	Outdoor Play + Dismissal